



Practice Leaflet



NHS

Derby Road Health Centre

336 Derby Road, Lenton, Nottingham NG7 2DW

Tel: 0115 8965 001

ncccg.contact-drhc@nhs.net

www.drhc.org.uk



YOUR DOCTORS

Dr K Hambleton - Dr J Jones - Dr S Jones - Dr N Vadgama
Dr R Salih - Dr E Alawale - Dr G Srinivasan - Dr R Said

Here to support you live well and look after your health

Contacting Derby Road Health Centre

Surgery Opening Times

Mon 7:00 am - 6.15 pm
Tue 8:00 am - 6.15 pm
Wed 8:00 am - 6:15 pm
Thu 8:00 am - 6:15 pm
Fri 7:00 am - 6:15 pm



Closed Sat/Sun



Find us on
facebook

Telephone lines
open at 8am



Reception Tel: 0115 8965 001

Press 1 for the 24hr Automated Appointment System
Press 2 for Reception
Press 3 for the Doctors' Secretaries
Press 4 for the Practice Manager
Press 5 to hear the options again



24 Hr Appointment System: 0115 973 8828

Press 1 - To book a new GP appointment
Press 2 - To check, cancel or change a GP appointment
Press 3 - To hear these options again

To use this service we must have the correct telephone number on your medical records.

Email: ncccg.contact-drhc@nhs.net

Please do not send medical requests by email.

Fax: 0115 973 8811

Website: www.drhc.org.uk

On-line Appointment System

Take your ID to reception to receive a form, then go to our website at www.drhc.org.uk

Practice Manager - Nikki Wood

Telephone: 0115 973 8820

Email: nikki.wood4@nhs.net

Out of Hours Treatment and Advice

For all life threatening emergencies call 999

For all other non emergency medical treatment and advice call 111



Walk-In-Centre

NHS Urgent Care Centre - Seaton House, London Road, NG2 4LA (Next to the BBC)

This is a nurse led centre and is open 365 days a year between 7am and 9pm. The centre offers assessment and treatment for urgent health conditions but non-life threatening. You do not need an appointment but you can contact them on 0115 883 8500.

Accident & Emergency

The Accident & Emergency Department at Queens Medical Centre is mainly for accidents, e.g. broken bones or cuts that need stitching. If you are unsure whether to attend telephone 111 for advice.

The Doctors & Clinical Team

The Doctors

Dr. Karen Hambleton (Senior Partner)

Qualifications: BM BS (1986 Nottingham), MRCGP, DGM, DFSRH
GMC Number: 3133921

Dr. Steve Jones

Qualifications: MBChB (1990 Leeds), DRCOG, DFFP, MRCGP
GMC Number: 3460784

Dr. Nina Vadgama

Qualifications: MB BS (2001 London), MRCGP, MA (Physiological Sciences)
GMC Number: 6028484

Dr. Rozhia Salih

Qualifications: MBChB, (Hons) (2005 Liverpool)
MRCGP CCT 2011
GMC Number: 6114935

Dr. Ezekiel Alawale

Qualifications: MBBS (1984 Ibadan) FWACS (1994)
FRCSI (2000) JCPTGP (2005)
GMC Number: 4677338

Dr. Gomathy Srinivasan

Qualifications: MB BS (1992 Madurai)
GMC Number: 5174625

Dr. Roshni Said

Qualifications: MB BS BMedSc (2005 Nottm) MRCGP
GMC Number: 7083180

The Clinical Team

Advanced Nurse Practitioner

Kate Bassford RGN, NMP

Practice Nurses

Kirsten Taylor (Lead) BSc (Hons), FP Cert, Dip N, RN (Adult)

Natasha Schneider RGN, RCN, ENB, Deg Batch Nurse with HON R

Sarah Richardson BSc (Hons) (Adult)

Helen Cooper RGN

Healthcare Staff

Krys/Tammy/
Wendy Healthcare Assistants & Phlebotomists

Confidentiality Statement

We operate a completely confidential service to all our patients regardless of age, religious belief or sexual orientation. Your medical records will only be viewed by health professionals during the course of carrying out their duties.

We will not discuss any information about you, (test results, appointments, etc) with anyone else, unless you ask us to do so. Only in very exceptional circumstances (eg. where you or another person maybe at risk) will information be shared. In these exceptional circumstances you will be kept fully informed. Even if you are under 16yrs all our staff will respect your privacy and will not divulge information to another adult.

All patients, including unders 16s can be seen by the doctor or nurse either on their own, with a friend or a chaperone.



Choosing The Right Appointment



GP Appointments

GP appointments are 10 minute consultations. You may see any GP, but we encourage you to see the same GP whenever possible.

To make an appointment simply:

1. Telephone or book in person at reception
2. Book an appointment on-line via our website
3. Telephone the 24hr Automated Appointment Line

Advanced Nurse Practitioner & Urgent Appointments

Our Advanced Nurse Practitioners role is to provide access to same day urgent appointments. She can provide telephone triage to discuss your problems and can book an appointment with the most appropriate clinician.

She can provide assessment and diagnosis of your illness or injuries, order investigations such as bloods or x-rays as needed, make referrals and can prescribe most types of medication. She can also treat children.

Nurse Appointments

Our nurses offer a wide range of healthcare services including managing long term conditions such as:

Contraception, Diabetes, Asthma, Smoking Cessation, Weight & Diet, Ear Syringing, Removal of Stitches, Cervical Smears, Dressings, Urine Tests, Minor Illness Clinic, Travel Advice, Immunisations, Blood Pressure Checks, New Patient Checks, and C-Card applications.

The nurses are usually available by telephone between the hours of 12 noon and 12.45pm for general queries.



Telephone Advice

Sometimes it may be possible to resolve problems over the telephone. If you think this may be helpful, please ring the surgery as early as possible and we will arrange for a doctor to return your call.

Home Visits

If you are too ill to come to the surgery please telephone before 10.30 am (except in an emergency) so that the doctors can plan their visits. The doctor may ring you back to discuss your symptoms before visiting.

Healthcare Assistants & Phlebotomist

Our Healthcare Assistants and Phlebotomists perform valuable inhouse services such as...

- Blood Tests
- Blood Pressure Checks
- ECGs
- Weight Management
- New Patient Checks
- NHS Health Checks
- Toe Nail Cutting Service (charges applicable)
- Urine Tests

Did you know you can self-refer to these local services without needing to see a GP or nurse?

Pharmacy First

Seeing your local pharmacist may save you a trip to the GP
Pharmacists are trained to assess and treat a number of common problems:

Hay fever Sore Throat Toothache	Head lice Earache Teething	Warts and verrucae Vaginal Thrush Athletes Foot	Temperature Threadworm Haemorrhoids	Constipation Diarrhoea
Smoking Help to quit 0800 169 0 169 Or text "New" to 80800	Physio & Occupational Therapy New joint or back pain 0115 883 8320	Podiatry/Chiropody Collect self-referral form from reception desk at your GP Surgery		
Counselling & Psychotherapy LTWB 0115 956 0888 Insight 0300 555 5580 Trent PTS 0115 896 3160	X-ray booking 0115 875 4568 (Referral from GP required)	Bereavement counselling 0115 924 4404		
Children's Centres Parenting support, activities, behavioural problems and more 0115 876 2220	Social Care Assessments for help and equipment and more 0300 131 0300	Drug Problems Nottingham Recovery Network 0800 066 5362 or drop in		
Alcohol Problems Nottingham Recovery Network 0800 066 5362 or drop in	NYG - My Place Support and counselling for ages 13-19 0115 704 3114 or drop in www.ngvmvplace.co.uk	Health Visitors Support with children aged 0-5 0115 883 8900		
Hospital appointments or results Call your consultant's secretary... QMC 0115 9249924 NCH 0115 9691169	Self Care & Service Information www.SignpostingHealth.com	NHS 111 Advice when you are unsure if it is an emergency?		
Sexually Transmitted Infections Call GUM Clinic at Nottingham City Hospital 0115 962 7745	Self-Harm or Suicidal Samaritans – 0115 941 1111 www.samritans.org In an emergency call 111 or 999	Domestic Violence Women – 0808 800 0340 Men – 08088010327 Perpetrators - 08088024040		

Appointment Text Reminders

If you opt in to this free service we will send you an Appointment Reminder by Text to your mobile phone 24hrs before your appointment. Please ensure that we have the correct number on record and inform us if you change your number.

This service has been very successful in reducing the number of missed appointments and so increasing appointment availability for patients.

Cancelling Appointments

Every month in excess of 300 patients fail to show up for their appointment. Cancelling appointments has now been made even easier. If you cannot attend please notify the surgery by:

- 1) Call anytime our Automated Telephone Appointment System.
- 2) Cancel your appointment on-line via our website.
- 3) Call during surgery hours and speak to a receptionist.

Choosing The Right Treatment

Self care using your local Pharmacist.



The best choice to treat very minor illnesses, ailments and injuries.

Self care is how you can treat everyday minor illnesses and injuries in your own home simply combining a well stocked medicine cabinet with support and advice from your Pharmacist and the services below when required.

Most minor ailments and injuries can be treated with over the counter medicines in conjunction with advice from your local pharmacist. For more information on the Pharmacy First scheme see pages 6 and 7.

Make an appointment with your GP for medical advice.



For illnesses or injuries that are not responding to self-care or advice from your Pharmacist.

Your GP can treat illnesses or injury that has been treated with self-care but just won't go away. Call your GP practice to make an appointment.

We can also provide urgent appointments and will see a child quickly if you are worried. The doctor may wish to speak with you prior to attending to determine if emergency care is required.

For serious illnesses, injuries and conditions that may be life threatening choose A&E or 999.



Do I really need to attend A&E or call 999?

Many visits to A&E can be resolved by other NHS services. If your condition is not critical then please choose another service to get the best possible treatment.

If your condition is not serious and the surgery is closed you may wish to consider one of the two 'walk-in' clinics in the city. See next page for details of the Nottingham City NHS Walk-In Clinics.



Walk-in Clinics in Nottingham City
Open 365 Days a Year!

Choosing The Right Treatment



Pharmacy First Service

Pharmacy First aims to improve patient access to GP appointments by encouraging patients with certain minor ailments to use the pharmacy for treatment rather than making an appointment at the surgery.

This will relieve the pressure on current appointment schedules and allow those patients with more urgent or serious needs to see the GP sooner. The scheme covers the whole of the NHS Nottingham City area including community pharmacies and all GP practices.

Boots Pharmacy 334 Derby Rd, Lenton NG7 2DW Tel: 978 7169	Mon, Wed, Thurs 8am - 6.15pm Tues, Fri 7.30am-6.15pm Sat/Sun Closed
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Lloyds Pharmacy 103/5 Hartley Road, NG7 3AQ Tel: 0115 978 5826	Mon-Fri 9.00am - 6.00pm Thu 9.00am - 1.00pm Sun Closed
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Applegate Pharmacy 132 Alfreton Road, NG7 3NS Tel: 0115 978 5744	Mon-Fri 9.00am - 6.00pm Sat Closed Sun Closed
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Boots Pharmacy 72 Ilkeston Road, NG7 3GQ Tel: 978 3389	Mon, Tues, Wed, Fri 8.30am - 6.30pm Thurs 8.30am - 5.30pm Sat 9am-1pm Sun Closed
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Derby Road Health Centre

Open Tuesday, Wednesday & Thursday 8am - 6.15pm and 7am - 6.15pm on Monday & Friday.
Closed Saturday/Sunday.

Calls to the surgery outside normal surgery hours will be answered by the NHS 111 service.

Telephone: 0115 8965 001

Lines open from 8:00 am



Out of Hours Help

Calls to the surgery out of hours will be answered by a qualified Nurse who can advise you on what to do next. You may be asked to attend NEMS in Lenton on the junction of Triumph Rd and Derby Road.



Alternatively call **111** for non life threatening conditions.



When to go to A&E

For all serious conditions such as broken bones, burns or blood loss go straight to your nearest A&E.

**A&E Means Accident & Emergency
NOT Anything & Everything!**



When to call 999

Always call 999 if someone is seriously ill or injured, and their life is at risk. Examples of when to call 999 include (but not limited to):

- chest pains
- severe breathing problems
- severe loss of blood
- unconsciousness
- severe burns or scolds
- fitting or concussion
- choking
- severe allergic reactions

Nottingham Urgent Care Centre

Seaton House (City Link)
London Road
Nottingham
NG2 4LA

Open 7am to 9pm, 365 days per year
No Appointment is necessary
(Near the BBC)
Tel: 0115 883 8500

Pharmacy First

About Pharmacy First

Pharmacy First offers you the chance to see your pharmacist without an appointment and if necessary, get the same medicines your Doctor would have given you for the problems. Your Pharmacist is a qualified healthcare professional who can help with your health problems.

Can I join this scheme?

Yes, if you are registered with a doctor in Nottingham City and you are exempt from prescription charges. If you pay for your prescriptions, the pharmacist will still be able to help you with your health problems, but you will need to pay for any medicines supplied. No treatment can be provided for children of less than 3 months of age under the scheme. Babies less than 3 months old should always be treated by their GP.

How do I join Pharmacy First?

If you go to any participating pharmacy in Nottingham City, and ask to join the Pharmacy First scheme the staff will be pleased to help you. Look out for the Pharmacy First sticker on the door, or a poster in store, which indicates that they are participating in the scheme. The pharmacy staff will ask if you are exempt from prescription charges. If you are, then they will ask to see the evidence you would normally provide when you have a prescription from the doctor. They will then ask for your details, including your name, address, postcode, date of birth and the name of your doctor. All this information will be added to a voucher book.

You can also register all the eligible members of your family living at the same address as well. You will be asked to sign the voucher book which you will be given to keep. If you are a parent or guardian of a child (under 16 years old) you may register your child with a participating pharmacy, even if you pay for prescriptions. He/She will need to be with you when you see the pharmacist. Once you have registered with a pharmacy you are then free to use any of the pharmacies in Nottingham City whenever you need help, advice or medicines for future health problems, which are covered under the Pharmacy First scheme.

How does Pharmacy First work?

Once you have registered, the pharmacist will talk with you and offer advice, and if appropriate treat you with the same medicines as your doctor would have chosen.

What if I don't want to use Pharmacy First?

If you do not want to use Pharmacy First your surgery will make an appointment in the normal way.

What if the Pharmacist thinks I need to see the Doctor or Nurse?

The Pharmacist will decide if they can treat you or whether you should see a Doctor or Nurse. If they think you need to see the Doctor or Nurse, the Pharmacist will provide you with a referral slip for you to take to your surgery. This will indicate to your surgery that you have already been to the pharmacy, and the reason you have been referred to them.

Annual Birthday Check

If you have been diagnosed with...

- High Blood Pressure
- Diabetes
- Kidney Disease
- Stroke or Mini Stroke (TIA)
- Mental Health Problems
- Heart Disease (incl. Angina,
- Heart Failure, Atrial Fibrillation)
- Asthma
- COPD (Smoking Related Lung Disease)
- Dementia or Alzheimer's Disease
- Epilepsy
- Vascular Disease
- Rheumatoid Arthritis

then we would like to offer you an annual comprehensive review of your condition(s) and medications in the month of your birthday. This will be mostly nurse-led.

Most people will need to have a urine test and a blood test with the health care assistant a week before the actual review. Please speak to reception about booking your **ABC appointment**.



Patients With Thyroid Problems

If you have no other ongoing medical issues you will only need to have an annual thyroid blood test with our healthcare assistant in the month of your birthday.

The doctor will contact you regarding any dose changes to your medication.

Arranging Your Annual Birthday Check

If telephoning, please do so after 10am.

If you intend to discuss this at the reception desk please be patient, we may ask that you leave your contact details so we can contact you at a more convenient time.

Annual Birthday Check

Simplifying Your
Healthcare



Prescriptions & Test Results

Repeat Prescriptions

If you have repeat prescriptions, you may request a repeat in one of the following ways: (We do not accept telephone requests.)

- Arrange with a pharmacy of your choice.
- Post a written request or your completed repeat slip.
- Ask at reception in person
- Request through our on-line system.

Electronic prescribing means we can send your prescription directly to the pharmacy of your choice and you do not need to collect the prescription from the surgery.

PLEASE ALLOW 2 WORKING DAYS BEFORE COLLECTION



Test Results

It is the patients' responsibility to telephone the surgery for test results. Please call after 10am if possible, when the phones are less busy.

Blood test results usually take approximately five days, for other results you will be advised at the time of taking tests.

Attached Pharmacy

There is a pharmacy here at the surgery which is open inline with the surgery opening hours.

Patients can choose to either have their prescription dispensed at this pharmacy or take/send their prescription to a pharmacy of their choice.

Please note the pharmacy is not in partnership with Derby Road Health Centre and their telephone number is 0115 9787169 should you need to contact them.

IMPORTANT - Change of Address & Telephone Number

Address

If your address changes, please ensure you inform the surgery as soon as possible so we can update your medical records. If you move out of the practice area you will have to register with a new doctor. Once you are registered your medical records will then be transferred to your new GP.

Telephone

It is also important to always keep us informed of any change of mobile or home telephone numbers. We may occasionally need to contact you to inform you of a change of appointment or the doctor may wish to ring you. Some of our patient services are only effective if we have a record of your correct telephone numbers, e.g. Appointment Reminder Texts and the Automated Appointment System.



Health Clinics

Minor Illness Clinic

Our lead Practice Nurse runs this clinic Monday and Friday between the hours of 11.00am and 12.00 noon.

This clinic is for minor ailments which do not need the doctor's attention.

Minor Surgery Clinic

Certain minor surgical procedures can be performed in the practice. Please enquire at reception or discuss with your doctor.

Joint Injection Clinic

The Joint Injection clinic is on a Wednesday with Dr S Jones. Patients must be referred by their doctor for this treatment.

After Care

The District Nursing Team provides nursing help for people confined to their homes. This is usually arranged by your doctor or by the hospital if you need nursing treatment after coming home from hospital.



Vaccinations

Aged 16 -25? - You should have had 2 Measles, Mumps and Rubella (MMR) vaccinations for protection against these diseases that are more common in this age group. If this is not the case then please make an appointment with the practice nurse for your free vaccination.

Aged 65 or over? - The Pneumovax vaccination is free and only needs to be given once to provide lifelong protection against Pneumonia.

Winter coming? - The Flu vaccine is offered annually in September and October. This is recommended and free to all patients over 65 years old, and anyone with Asthma, COPD, Heart Conditions, Diabetes or Kidney Disease.

HPV Vaccine - We offer the HPV vaccine for protection against cervical cancer to females between the ages of 16 and 18. Girls between the age of 12 and 13 will be vaccinated at school.



Travel Clinic

Please allow at least 6 weeks prior to travel for all your vaccinations. If you are travelling in less than 2 weeks, we will not be able to vaccinate. Before requesting a travel consultation with the practice nurse, you will need to complete a Travel Questionnaire. The questionnaire and prices of vaccinations are available on our website or from reception. A FREE Travel Health Brief is also available from MASTA at www.masta-travel-health.com

Sexual Health & Pregnancy

Contraception

We offer a wide range of contraceptive services including coils, implants, contraceptive pills and injections.

The long acting methods can be very convenient and are very effective, lasting for three or more years but are quickly reversible. For more information contact the surgery.

C-Card Scheme - Free Condoms

A C-Card is a plastic card that allows you to get free condoms. To get a C-Card all we need is your date of birth and your postcode; this information is kept confidential. Just drop in, ask for a C-Card and after an initial appointment with a Practice Nurse, you will get free condoms from any registration pick-up points across the city. This scheme is available to under 25s.

Cervical Smears

A cervical smear is recommended every 3 years for women from the age 25 - 49 and every 5 years for women aged 50-64 who have ever been sexually active. Please make an appointment with a Practice Nurse or, if you prefer, with one of the doctors.

Unders 25s Sexual Screening

Sexual health screening is available to patients aged 14-25 yrs who have no signs of infection. Common sexually transmitted infections can be screened for without the need for an examination. Please ask the Practice Nurse for further details.

HPV Vaccine

The HPV Vaccine is available to girls between the ages of 12-18 years offering vital protection against cervical cancer.

Girls between 12 and 13 will be vaccinated at school, older girls can book an appointment at the surgery with a nurse.

Ante-natal Care

Patients can book directly with the midwife via reception. Your first appointment should ideally be 8-9 weeks from the last day of your last menstruation.

The Midwife has clinics all day every Tuesday and Wednesday by appointment.

Well Baby Clinic

This is a drop-in clinic provided by the Health Visitors between 10.30am and 12.00am every Wednesday. The clinic offers advice, immunisations and health checks for the under fives and advice for families with young children.

If your baby is unwell, make an appointment with the GP and do not attend the clinic as this may spread any infections. For pre-school vaccinations at age 4yrs 6months, make an appointment with the Practice Nurse.



Health Promotion

Exercise & Weight Management

Our Healthcare Assistant, Krys has seen great success with patients in assisting them to lose weight. Krys provides a weight management programme with regular one to one consultations which includes advice on exercise and healthy eating and referral to some local services.

From time to time we are able to offer access to local services at a reduced rate to encourage patients into a healthier and more active lifestyle. Ask at reception to see what's currently available or make an appointment to discuss this with Krys.



**Nottingham
Recovery Network**

Alcohol & Drugs Consumption

If you are concerned about your drink/drug consumption you can discuss this with a nurse or your doctor or you can contact Nottingham Recovery Network. Their telephone number is: 0800 066 5362

Cutting down on drink and drugs can have many positive impacts on your life, both physically and mentally.



Toe Nail Cutting

Our Healthcare Assistants have been trained by a qualified Chiroprapist to allow us to offer toe-nail cutting to the less mobile patients that are unable to cut their own. Please talk to reception or see our website about this service.

Please note this service is not offered free on the NHS and a fee of £20 is payable to the practice.



Additional Services

- Hearing aid batteries.
- Hearing tests with the Practice Nurse.
- Vitamin supplements for mother and baby.

GO SMOKEFREE

Should you want to stop smoking, you can telephone for advice and support. Telephone 0800 1690169 or go to: GOSMOKEFREE.CO.UK



Registering At Derby Road Health Centre

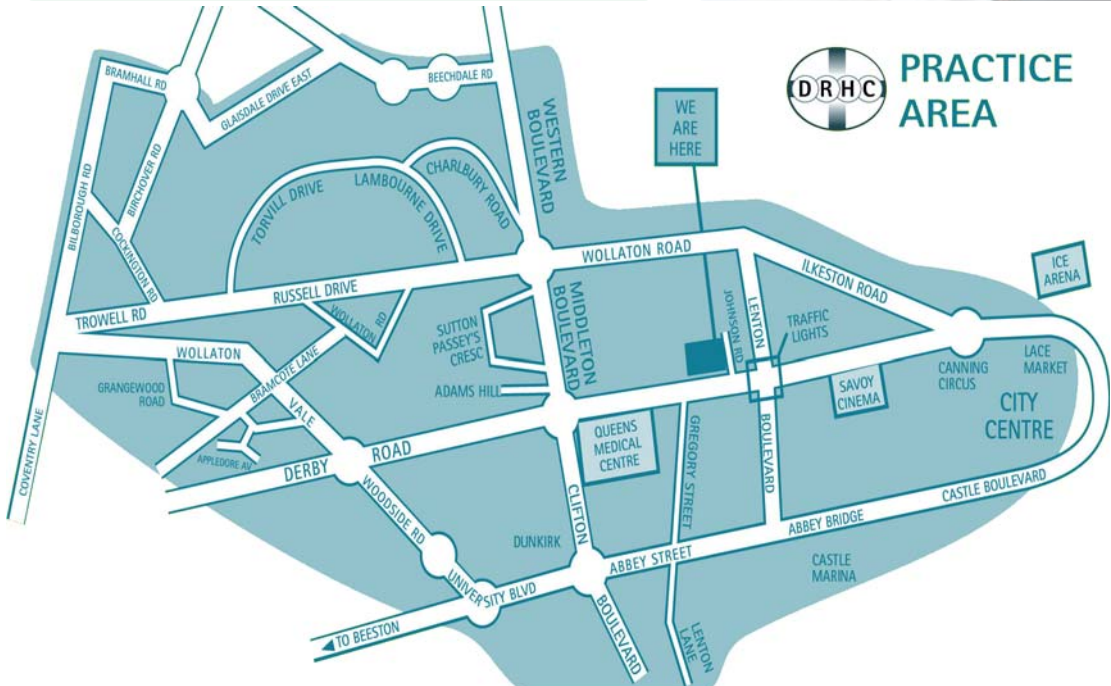
New Patients

To register as a new patient please fill in your Medical Card and a New Patient Questionnaire. If you do not have a medical card, you will need to complete a GMS1 form. Both forms are available on our website to download and print or come into the surgery to register.

We only accept patients who live within the practice area (see map below). If in doubt please enquire at reception.

Patient Responsibilities

- 1) To keep appointments or give adequate notice when cancelling appointments.
- 2) The staff at Derby Road Health Centre expect to be treated with courtesy at all times and will not tolerate violent or aggressive behaviour which could lead to being removed from our list.
- 3) To inform the surgery of any change of address or telephone numbers.



Additional Information

Patient Participation Group

DRHC has a Patient Participation Group that meets 4 to 6 times a year to discuss the needs of the patients and the service we provide. This is a small informal group which is open to any suggestions which you may have. If you are interested in joining this group, then please speak to reception. Leave your contact details and we will get back to you.

Closed For Training

As part of our ongoing training in order to keep up to date with changes in medication and within the NHS, we close the surgery on a Tuesday afternoon, six times a year. During this time all telephone calls are re-directed to the "Out of Hours Service".

All relevant dates are displayed in reception and on our website.

Teaching

The practice helps with the training of medical and nursing students from Nottingham University. A medical student may sometimes be present with your doctor, if you feel unhappy about this please inform reception who will arrange for you to see the doctor alone. We also train and supervise qualified junior doctors. Occasionally they will be required to make video recordings of consultations for teaching purposes, but only with your permission. These recordings are destroyed shortly afterwards.

Chaperones

All patients, including under 16s, can request a chaperone or bring along a friend to their appointment.

DRHC Partnership Information

GP Partners: Dr. Karen Hambleton (Senior Partner)
Dr. Jill Jones
Dr. Steve Jones
Dr. Nina Vadgama
Dr. Rozhia Salih
Dr. Ezekiel Alawale

Complaints

There is a complaints procedure in place and should you require a leaflet, please ask at reception. If you wish to make a complaint you can write, email or telephone Nikki Wood, the Practice Manager.

The practice manager's telephone number is 0115 973 8820 or email: nikki.wood4@nhs.net



Disabled Access & Facilities

The surgery is designed to allow wheelchair access. We have disabled toilets, a lift and extra wide doorways for easy access. Should you have any special requirements we are always willing to help whenever possible.

Nottingham Self Help Groups

Nottingham has over 200 self help groups which provide information and support for sufferers of various conditions. Please ask at reception for details or see our self help page and links on our website.



Derby Road Health Centre



336 Derby Road, Lenton, Nottingham NG7 2DW
Telephone: 0115 8965 001 Fax: 0115 973 8811
ncccg.contact-drhc@nhs.net www.drhc.org.uk



Primary Care Services provided by NHS England

NHS England

PO Box 16738
Redditch
B97 9PT

Telephone: 0300 311 2233

If you move outside the practice area you will be able to obtain information about GPs in your area by contacting:

Patient Experience Team

Telephone: 0800 183 0456
Email: patientexperienceteam@nottinghamcity.nhs.uk

Or visit www.nhs.uk where you can search for your nearest surgery.